



TEAM
PAMPER

LEADING
THE WAY

WHAT'S INSIDE



About us

Pop up pamper event services

Corporate hair & make up

Barbering

PR & press events

Posture awareness talks & workshops

Onsite massage services

Desk workouts

Workplace yoga & Pilates

Corporate wellness days

Onsite beauty & massage event treatments

Massage for sporting events

Equipment hire

HOW IT ALL BEGAN

The Perfect Pamper

Est 2012 | Brighton & London. UK

The Perfect Pamper concentrated on mobile spa treatments, hair & make up including bridal for the leisure market. We knew that the corporate and event sector deserved to be pampered too.

Team Pamper

Est 2015 | Brighton & London. UK

Team Pamper naturally evolved from it's sister brand, as a result of our developing commercial business client base,

Team Pamper leads the way in corporate wellness & event hair, make up massage & beauty.

MASSAGE THERAPY PROFESSIONAL HAIR & MAKE UP BEAUTY TREATMENTS PILATES & YOGA POP UP BEAUTY SALONS POSTURE AWARENESS **TEAM PAMPER** BARBERING CORPORATE WELLBEING DAYS MASSAGE THERAPY PROFESSIONAL HAIR MAKE UP BEAUTY TREATMENTS PILATES & YOGA POP UP BEAUTY SALONS POSTURE

What we do

- Fully equipped mobile hair and beauty salon, indoor & outdoor experience
- Designing and implementing health awareness programmes for businesses and events
- Creating fun pop up installations, increasing brand awareness and customer loyalty
- Office & onsite massage & beauty appointments for staff incentives
- Supplier of health & beauty campaign brand ambassadors
- Trained, experienced and fully insured managers, therapists, stylists and tutors, deliver our services across the South & UK.

We have an exceptional reputation and industry expertise, with a workforce managed by therapists and stylists. We understand our clients needs for their event or company wellbeing. We nurture, train and supervise our own staff so they can look after yours.

POP UP PAMPER EVENT SERVICES

Pampering at events is not a new concept.

Our unique mobile luxury pampering boutiques are the perfect addition to any event. We create your very own unique salon & spa experience at your chosen indoor or outdoor venue.

Our clients tell us we are raising the standard higher at Team Pamper.

CREATE YOUR OWN PAMPERING AREA

Fully stocked individual DIY hair & make up stations

Massage/Relaxation Stations

Pop up Barbershop

Braid bar

Nail bar

Blow dry bar

Skin care facial bar

Hollywood mirror Hair & Make up stations

Bio Glitter Bar & Face painting station

Relaxation area –

fully equipped with bean bags and sun loungers



POP UP PAMPER EVENT SERVICES



OUTDOOR POP UP PAMPER EVENT SERVICES

Our canopy tents can be luxuriously decorated.

Individualise the pamper area with your company banners and colours, promoting your business and campaigns. Our fully briefed team will help endorse and stimulate interest while relaxing and pampering your clients.

Digital onsite appointment system, medical consultation with the option for personalised data capture.

Pre event booking and payment system available via our online app

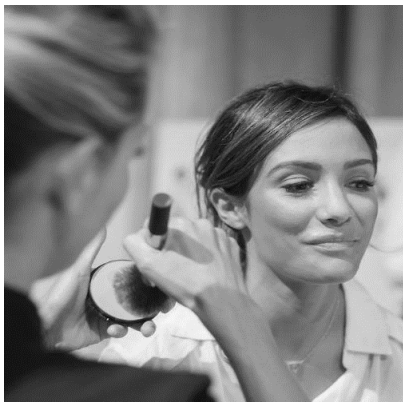
Trade shows | Press & PR events |
Product launches | Exhibitions |
Corporate functions | VIP areas |
Festivals | Retail activations



TEAM
PAMPER

CORPORATE HAIR & MAKE UP





We boast a highly experienced and talented corporate beauty, professional hair & make-up and barbering team based across the UK.

Our experts have extensive experience working at high profile events, fashion and advertising industry, utilising Hollywood mirrors, stalls & lighting

FASHION SHOWS

PRODUCT LAUNCHES

MALE GROOMING

POP UP BARBER SHOP

PRODUCT STANDS

THEMED EVENTS

PRE- PARTY MAKE OVERS

& RETAIL CAMPAIGNS

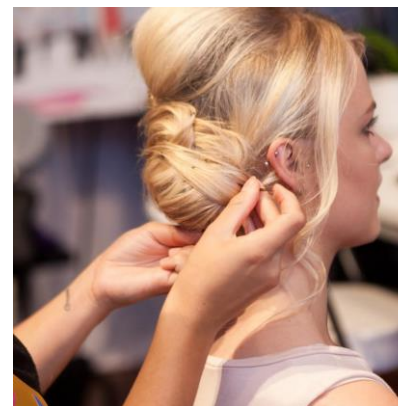
FACE & BODY PAINTERS

SPECIAL FX ARTISTS

EXPERIENCED SALON MANAGERS

THEMED EVENTS & PARTIES

- Organising a themed event? We have years of experience to help you achieve that perfect look!
- Popular themes - Vintage, Halloween, elegant glitter and face painting designs & masquerade balls
- Day to evening. Choose to glam and pamper your team at your venue or office for that after hour's office party.



CORPORATE HAIR & MAKE UP

BARBERING



BARBERING

Beard and moustache trim | Clipper cut all over | Edge tidy, neck tidy and dry and finish | Full haircut and finish | Scissor cut and finish | Skin fade and finish & cut throat shaves.



POP UP BARBER SHOP & MALE GROOMING

Our fully qualified and experienced team of barbers supply the very best in men's grooming.

We offer a full range of services and mobile equipment for events and workplace appointments.



MALE GROOMING SERVICES

Skin facials | Male manicures |
Massage

MANICURE BAR

BLOW DRY BAR

SKIN CARE COUNTER

BRAND AMBASSADOR'S

MAKE UP ARTISTS

BARBERS & MALE GROOMERS

BEAUTY & HEALTH CARE PROFESSIONALS



PR & PRESS EVENTS

Our services are always a welcome addition to any press or promotional event.

We hold a huge wealth of talent combined with superior knowledge of our industry. Quite simply, we love what we do and we do it better than anyone else.

Massage, nail bars, hair and make refreshers 's are fantastic in drawing journalists and key bloggers &

vloggers to your brand. Everyone loves a pamper!

From conception, to the delivery of your event, be assured that we have every small detail covered.

Trust us to indulge and pamper the people you want to influence. Leave that lasting positive impression.



SAATCHI & SAATCHI



United Against Cancer™

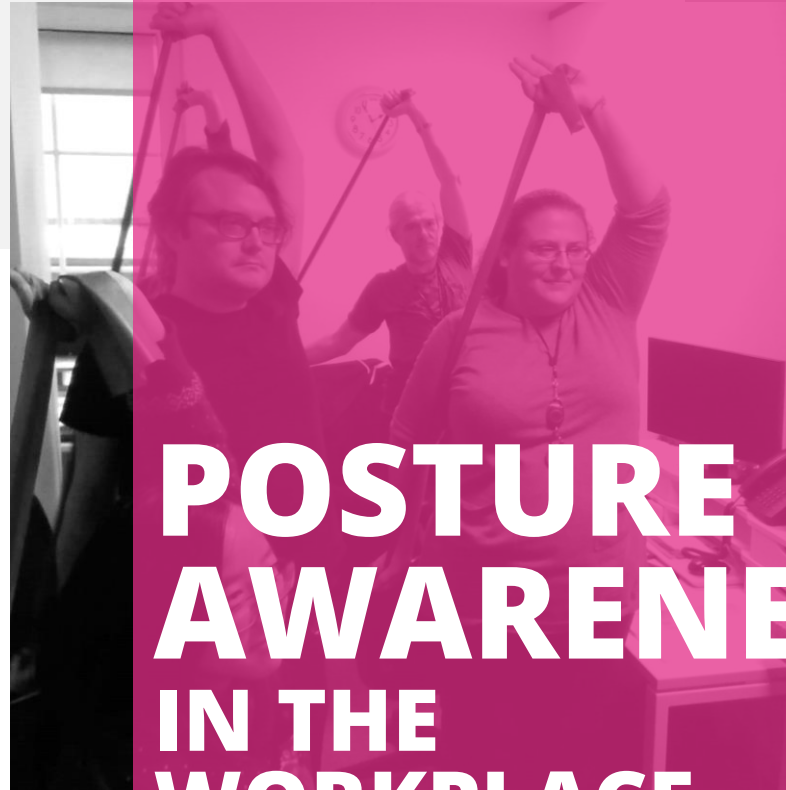


There are many factors that contribute to poor posture, which in turn cause pain and strain to the body. To say it's important to get up, move and stretch would be the understatement of the year but many of us have no idea where to start.

Our grounded, honest talks, give a real insight to the reasons why we suffer from everyday aches and pains and what we can all do to help ourselves.

Understanding the workings of our bodies muscles, joints, and flexibility is the first step to grasping the vital importance of posture.

Within our interactive workshops and presentations, we discuss the origins of common back, shoulder arm and wrist pain. We give practical advice and useful tips that can be easily adapted to life at home and at work.



POSTURE AWARENESS IN THE WORKPLACE

We discuss the every day factors that contribute to our posture:

- The commute
- Posture at work
- Exercise
- At home
- Device usage
- Bed time
- Habits

We specifically design each session for your workplace environment, for all professions.



ONSITE MASSAGE SERVICES

Team Pamper provides trained massage therapists to give onsite treatments to your staff, conference delegates and clients.

We deliver maximum stress and muscle relieving massage from our compact ergonomic massage chairs.

CHAIR MASSAGE

NECK, BACK AND SHOULDER

HANDS & WRIST

HEAD & SCALP

FACE & NECK

FEET & ANKLE

PREGNANCY

SPORTS/DEEP TISSUE

AROMATHERAPY

FULL BODY MASSAGE

Treatment Package	4 hour duration*	8 hour duration*
Express (15 mins)	15	28
Classic (30 mins)	8	12
Luxury (45 mins)	5	8

*Number of treatments by 1 therapist

WHY CHOOSE A MASSAGE SERVICE:

- Creates a calming atmosphere
- Helps decrease migraines and tension headaches
- Helps relieve RSI – repetitive strain injuries including Carpal tunnel syndrome
- Relieves muscle tension from occupational posture

Practical and useful after care stretching and posture tips

Worried about oil in your hair or clothes? Don't be, we do not use oil for on -site seated massages.

For total relaxation; book our therapist to provide comfortable massage couches with fresh linen.

ONSITE MASSAGE SERVICES

DESK WORK OUTS

STRETCH & STRENGTHEN WITH TEAM PAMPER

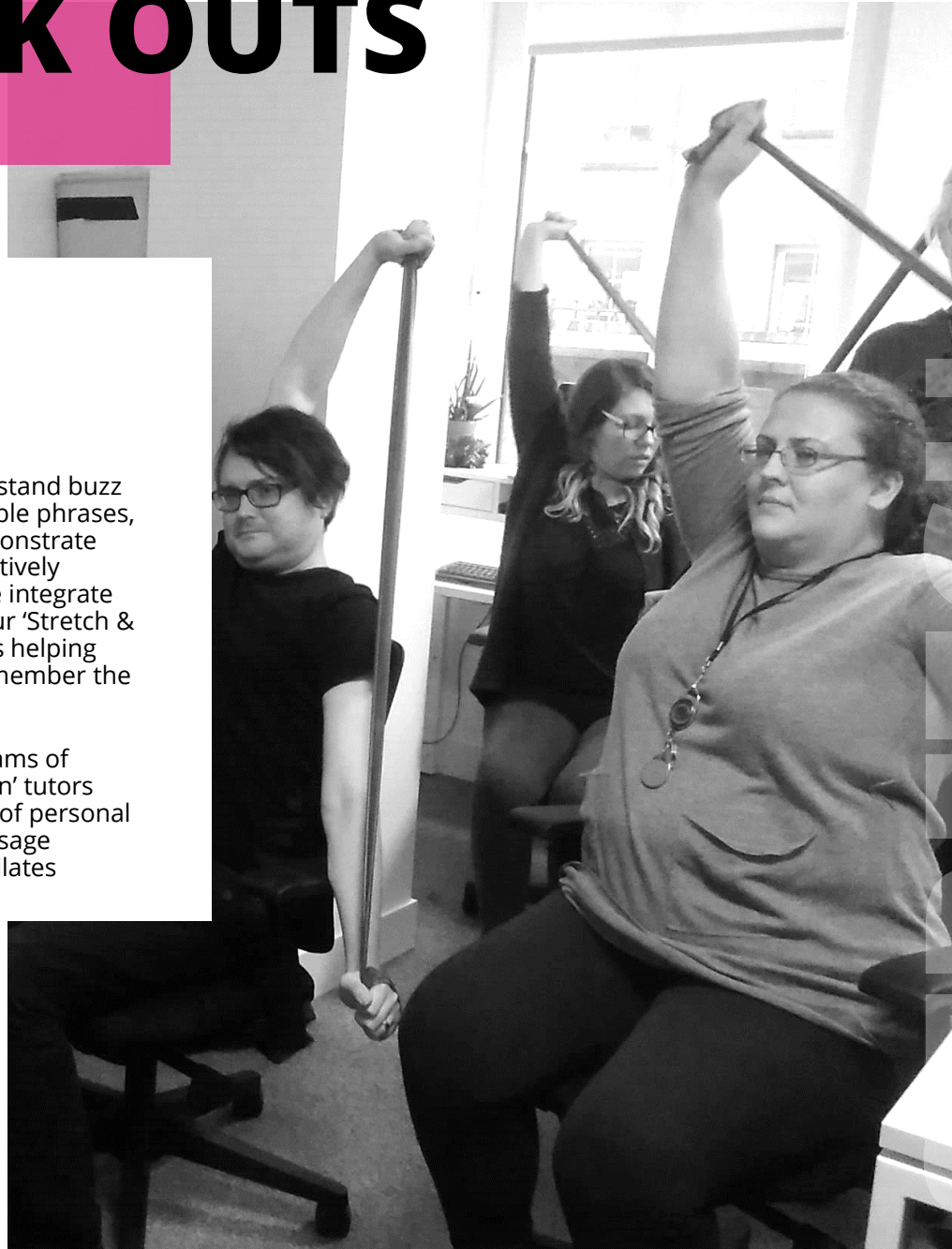
Many people understand the importance of stretching but simply lack technique.

Our experienced teams of Stretch & Strengthen tutors are an amazing mix of personal trainers, sports massage therapists, yoga & Pilates instructors.

Office chair stretching, we teach you how to perform incredibly affective stretching techniques from convenience of your desk based chair. No gym wear needed. We offer a arrange of classes that will suit all levels using Theraband therapy.

Using easy to understand buzz words and memorable phrases, we explain and demonstrate how stretching, positively affects the body. We integrate these throughout our 'Stretch & Strengthen' sessions helping you to learn and remember the techniques.

Our experienced teams of 'Stretch & Strengthen' tutors are an amazing mix of personal trainers, sports massage therapists, yoga & Pilates teachers.



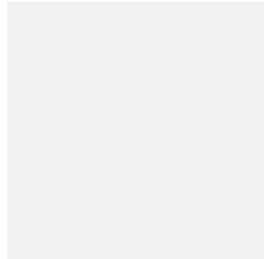


Benefits of yoga & Pilates sessions:

- Stress relief
- Relief from muscle tightness
- Improved posture
- Improved memory and concentration
- Increased energy levels
- Improved stamina, determination, concentration and overall performance in the workplace

Help your employees develop skills and opportunities to live healthier lives.

Participate in a relaxing yet challenging class that will leave you and your team feeling rejuvenated. Our yoga & Pilates teachers have designed classes that can be adapted to your team's workstations. All the techniques taught have proven beneficial effects on posture and physical and mental wellbeing.



YOGA & PILATES



Our health and wellbeing teams promote wellness through our comprehensive, workshops, talks and packages. Whatever your business or event size. We deliver specifically designed activities to help promote and stimulate team morale, reduce staff absence.

Posture Awareness talks, workshops & presentations

Stretch & Strengthening Sessions

Massage

Beauty & skin care treatments

Male grooming

Help your employees develop skills and opportunities to live healthier lives.



CORPORATE WELLNESS DAYS



ONSITE BEAUTY & MASSAGE **EVENT** TREATMENTS

Our experienced and talented beauty & massage therapists bring the salon experience to you.

Fully equipped to deliver all our treatments onsite.

ONSITE BEAUTY EVENTS:

Office pampering, corporate fun days, PR & press events, trade shows, retail activations, products launches, corporate gifting & networking events. Why not treat the team to an Office Pamper Party

Treatment Package Options

4 hour duration*

8 hour duration*

Express (15 mins) Seated Massage Manicures (file & paint) Skin care facials	15	21
Classic (30 mins) Body Massage Skin care facials Manicures & pedicures Reflexology	8	14
Luxury (45 mins) Body massage Gel nail polish Reflexology	5	8

*Number of treatments by 1 therapist including break

ONSITE BEAUTY & MESSAGE **EVENT** TREATMENTS

We have had the pleasure of working at many sporting events over the years, including;

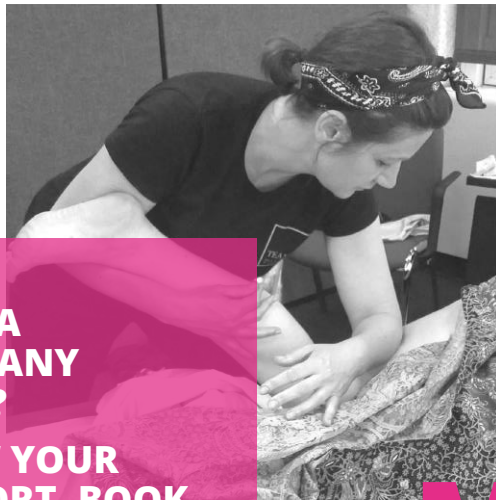
London Marathon | The Grand Prix at Silverstone | Brighton Marathon | Race for Life | London to Brighton Bike Ride.

Sports massage is an incredibly effective treatment to offer at any sporting event, pre or post.

The benefits of onsite event sports massage:

- Decrease muscle tension
- Improves circulation
- Decrease muscle spasms
- Quicker recovery time

Our teams of therapists are trained to the highest standard and are fully equipped with massage couches and expertise to deliver their skills at your indoor or outdoor event. We can even provide our own pop up canopy tents to create a massage mobile clinic.



**HAVE A
COMPANY
TEAM?**

**SHOW YOUR
SUPPORT, BOOK
OUR MASSAGE
THERAPIST.**

MASSAGE FOR SPORTS EVENTS

Do you have staff running in a marathon for a charity within your company?

Show your support with a massage therapist on hand to help relax muscles, ease tension to help speed up the recovery time.

EQUIPMENT HIRE



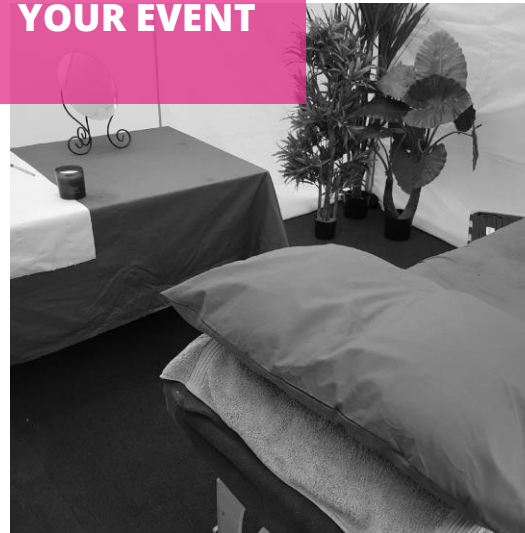
Create your own amazing space for your event.
We have a full range of equipment ready for hire. We'll even deliver and set it up for you.

**CREATE
YOUR OWN
AMAZING
SPACE FOR
YOUR EVENT**

Client medical consultation & data capture
Our clients health and wellbeing is paramount. We ensure our clients are able to receive a treatment via our GDPR compliant medical consultation. Before treatment we ask our clients to complete either our paper contraindication check list or our digital tick consultation card, depending on the event or occasion.

Our digital consultation, can be bespoke to your company. We can add a survey to your consultation to attain marketing data for your campaign.

Hire our digital consultation app via our tablets or iPad.



- POP UP GAZEBO TENTS**
- MASSAGE COUCHES & CHAIRS**
- SALON FURNITURE**
- BLACK LARGE BEAN BAGS**
- BLACK COVERED DECK CHAIRS**
- SALON HOLLYWOOD MIRRORS**
- HEIGHT ADJUSTABLE MAKE UP & HAIR STOOLS**
- HIGH MAKEUP DIRECTORS CHAIRS**
- TABLES**
- WHITE WOODEN FOLD UP CHAIRS**
- PLANTS & DÉCOR**

CHARLOTTE FOUNDER

I'm

Charlotte and I am the owner and founder of The Perfect Pamper & Team Pamper.

A little about me...

I am the manager and owner of our mobile wellbeing and beauty companies.

I have enjoyed working in the wellness industry for over 10 years. I gained my first massage qualification in 2007 and continued learning my trade ever since.

With my clients, corporate or clinical; I advise on the vital importance of posture and how to incorporate stretching and strengthening routines into our everyday lives. Posture awareness is so underestimated and misunderstood, I feel like I should be shouting this message from a mega phone!

Prior to my massage career, I worked and managed commercial, restaurant & retail

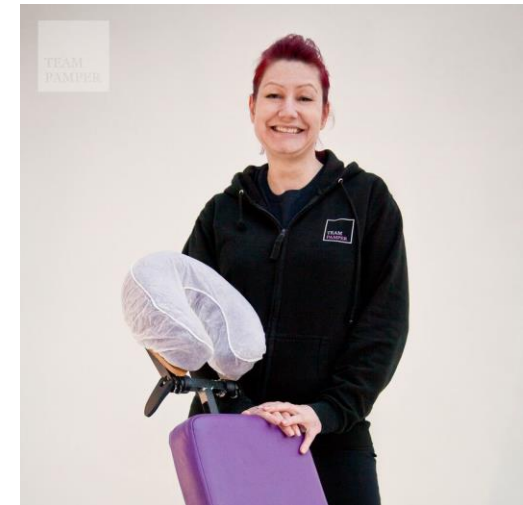
environments, with a wide experience of event and people management.

Over the past decade, I have built my businesses on supplying the highest quality services in health, wellbeing and beauty.

This, of course is only possible by having a fantastic, hard working, loyal team of therapists, tutors and stylists with me, whom many have been with from the very beginning.

As a collective, we offer a wide range of services; from company health and wellbeing programs to providing a touch of sparkle, glitter with fully equipped Pop up Salon installation.

We are looking forward to a events coming back better than ever!



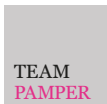


MADE.COM®

next



WHO WE'VE WORKED WITH



SAATCHI & SAATCHI

